

CATEGORY	INDICATION
DETOXIFICATION (LIVER)	Glycine, taurine, methionine, Cystine/cysteine, NAC, selenium, magnesium, zinc , calcium , folic acid, B12, Leucine/Isoleucine, Ornithine, threonine, Asparagine, Sulfurophane,Organosulfur
DIGESTIVE SYSTEM	glutamine, zinc, omega 3, leucine / isoleucine , Cystine/Cysteine, Molybdenum, Biotin, Anthocyanidine, parasites, Bacteria, Fungus, Organosulfur
CARDIOVASCULAR	Taurine, CoQ10, Vit C, Vit E, Argenine, Selenium, B2,B3, Citrulline, Carnosine/Alanine, polyphenol
ENERGY PRODUCTION	Coenzyme Q10, Vitamin B1, B5, B2, B3, C, α-Lipoic acid, Biotin, Argenine , magnesium , manganese , Cysteine, Iron , Carnitine , tyrosine, phenylalanine, Vit D, Iodine, Betaine, SILICA, Ornithine
SLEEP	Inositol, Glutamine, B6, Taurine,Valine
FATTY ACID METABOLISM	Carnitine,B1,B2,B3, B5, B6,B12, Lysine, CoQ10, chromium, Lipoic acid , Vanadium, Magnesium Folic acid, Biotin, Vit C, Leucine, Threonine
BRAIN CHEMICALS	Tyrosine,Tryptophan,Magnesium,B1,B3,B6, B5, Phenylalanine, Serine, Choline, Omega9, Carnosine, Threonine, Asparagine
SUGAR METABOLISM	Chromium, Zn, B1,B6, B12, Glutamine, Glycine, Carnitine,
HORMONAL SYSTEM	Phytoestrogen, Sulfurophane, Vit A, E,D, Ca
MUSCULOSKELETAL	Magnesium, Manganese, Glycine, Glutamine, Calcium, B1, CoQ10, creatine, Lysine, proline, Carnosine/Alanine
EMOTIONAL	B3, Tryptophan, Sleep

- B4- CHOLINE-essentials for Worms- Adenine B7-Biotin B8-Inositol B9-Folic acid
B10-PABA-folate component B11-form of Folic acid B13-Orotic acid
B16-DMG B17- B20-L-carnitine